



Covid-19 Lockdown Frequently Asked Questions

Q. I have to get my horse at my boarding facility, am I permitted to travel outside my community to get him?

A. If this is considered essential travel, it is permitted – meaning that if this is necessary for the essential care of your horse. Try not to make any stops to and from the facility; only those who need to travel do so; practice all necessary protocols (physical distancing and masks for example); and disinfect any tack or gear that you pick up as well.

Q. What do you consider my community?

A. According to Premier Rankin, a community is defined as your municipality in which you live. i.e Cape Breton Regional Municipality. However, please use your good judgement as how far you should travel outside of your own neighbourhood.

Q. Can my riding facility offer lessons or programs?

A. Under the Government of NS Sport Guidelines all lessons, programs, events, clinics and competitions are cancelled. If a riding facility wishes to continue to offer programs under the Fitness/Recreation Business Sector, they must follow that sector's guidelines and restrictions. As such, they will not fall under the sport sector guidelines.

NSEF strongly recommends that all riding establishments remain under the Sport Sector guidelines and cancel all programs and lessons until the restrictions are lessened or lifted.

Q. If I lease or board a horse at another facility am I allowed to go and ride him?

A. Essential care of equines is expected during this or any lockdown. As long as the boarding facility allows for owners/leasers to come on the property, it is permitted for you to attend to your horse's essential care, including exercise. Coaching or training is not permitted although supervision of your exercise is. Indoor exercise is permitted – 5 or less people; outdoor exercise is recommended – 10 or less people permitted - under the sport guidelines.

It is imperative that you enhance and adhere to all public health standards when you are at a facility – mask wearing, physical distancing, disinfecting, and coming only when scheduled.

Q. Can I go on a trail ride/drive?

A. Dr. Strang encourages you to get outside and participate in any recreational activity during this lockdown, while adhering to Public Health guidelines, this includes recreational riding/driving in a non-organized fashion and doing so in your community.

Q. If I choose to offer programs and services under the business sector does my insurance cover this?

A. Riding establishments and private coaches should contact your insurance provider to ensure you are covered for any activity offered during a provincially mandated state of emergency and lockdown.

For more information, visit novascotia.ca/coronavirus or horsenovascotia.ca